

Coincidence of *cis*- and *trans*-monoethylenic fatty acids simplifies the open-tubular gas-liquid chromatography of butyl esters of butter fatty acids

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Fatty acids of whole butterfat were converted to butyl esters and fractionated by thin-layer chromatography on silica gel impregnated with AgNO₃. Fractions of C10-C18 fatty acids were examined on a bonded polyglycol open-tubular gasliquid chromatography (GLC) column. Comparisons of fractions showed that butyl esters of cis and trans monoethylenic fatty acids coincided exactly for most bond positions. Polyglycol column GLC of butyl esters thus simplifies analysis of butterfat. Some monoethylenic acids with bond positions closer to the carboxyl group than major components such as cis-18:1n-9 did not resolve from these components. A trans-18:1n-3 fatty acid previously reported was not found, but trans-18:1n-6, n-5, n-4 and n-2 were confirmed from GLC properties. The fatty acids 12:1 and 14:1 were shown by TLC and GLC to be exclusively a single *cis* isomer with the ethylenic bond in the $\Delta 9,10$ position. The GLC evidence for the unusual vinyl bond in the 10:1n-1 of butterfats is reviewed. It is proposed that these three fatty acids are products of a desaturase through the animal biochemistry proper as distinct from the rumen biochemistry processes which lead to the multiplicity of isomers of 16:1 and 18:1 fatty acids.

INTRODUCTION

The basic problem in the gas-liquid chromatography (GLC) of esters of the fatty acids of butterfat has been the quantitative recovery of the esters of the shorter chain (C_4-C_{10}) fatty acids after esterification. Methyl esters can be used (Bannon et al., 1985; Ulberth & Henninger, 1992) although the butyl esters offer a markedly improved recovery system (Iverson & Sheppard, 1977; 1986; Jensen, 1992). Recently it was noted that isopropyl esters of two positional isomers of monoethylenic C₁₈ fatty acids gave enhanced resolution compared to methyl esters (Wolff & Vandamme, 1992), presumably due to the imbalance of the bond position relative to the carboxyl group altering volatility (Ackman, 1970). Since we had been examining butyl esters for recovery of the shorter chain fatty acids of butterfat (Chawla, Tau & Ackman, unpublished) it seemed desirable to see if the retention times of the butyl esters of the trans acids were also affected, relative to the corresponding esters of cis fatty acids, by

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the butyl alcohol moiety. The liquid phase already in use was the 'bonded' polyglycol Omegawax (Supelco Inc., Bellefonte, PA) which has advantages of simple chemistry and a stable polarity promoting interlaboratory comparisons of retention data (Ackman, 1986).

MATERIALS AND METHODS

The butyl esters of the fatty acids of anhydrous butterfat were prepared by transesterification with BF_3 (12%) in *n*-butanol, with an equal volume of *n*-hexane, by heating at 100°C in a screw-capped centrifuge tube for 60 min. The recovered esters, dissolved in CHCl₃, were streaked on a silica gel TLC plate (Adsorbosil-5, Alltech Associates Inc., Applied Science Laboratories, Dearfield, IL) impregnated with AgNO₃ as described elsewhere (Ackman et al., 1981a). The plate was developed in benzene:hexane (2:1) and ester bands were detected by spraying with 1% dichlorofluorescein in ethanol and marked while examining under UV light. There were three very distinct mobile bands (respective $R_{\rm f}$ values 0.78; 0.67 and 0.61 for No.4, No. 3 and No. 2, respectively) and a weaker band of R_f 0.44 (No. 1). The silica gel for each band was scraped off and extracted three times with CHCl₃:MeOH 1:1. The filtered solvent was removed on a rotary evaporator and the esters taken up in hexane for analysis by GLC. The Omegawax column, 30 m x 0.25 mm, was operated in a Model 8420 GLC unit (Perkin Elmer Corp., Norwalk, CT) with helium as the carrier gas at 12 psig. The injection and detector areas were held at 250°C and the initial injection was at 60°C. After 3 min, the oven temperature was raised at 10°C/min to 200°C and held there.

RESULTS AND DISCUSSION

Figure 1 shows part (C_{10} - C_{18}) of the gas-liquid chromatogram of the butyl esters of the fatty acids of whole butterfat. The peak for butyl oleate (18:1*n*-9; included in peak A) emerged at 27 min under the conditions employed. Among the lesser components some features to note are the single 14:1 and 16:1 peaks, the unsaturated group of C_{18} peaks, labelled A-F, and two components provisionally marked 'unknown', in the iso 11:0 position and just ahead of iso 13:0, respectively.

The most mobile TLC band (No. 4) gave an extremely clean baseline (Fig. 2) and included the esters of the straight-chain and methyl-branched longer-chain $(C_{10}-C_{18})$ saturated fatty acids. The anteiso-15:0 and anteiso-17:0 fatty acids exceeded the iso-15:0 and iso-17:0 acids as noted previously for ruminant milk fats (Ackman & Hooper, 1973). Slight skewing of the iso-17:0 peak suggested inclusion of a minor component. After examining band 3 (see below) it can be concluded that traces of *trans*-16:1, and of peaks A and F, are present in band 4. The small component (?) ahead of the major 16:1 peak in Fig. 1 also appeared to be present in band 4.

The second and less mobile band (No. 3) contained relatively more of the esters of the shorter chain fatty acids (C_4-C_{12}) , but 14:0, 16:0 and 18:0 were still represented (Fig. 3). There was a major group of four peaks (Fig. 3, A-D), and one well-separated peak (F) following this group. The position of this band on the TLC plate strongly suggested trans-18:1 components. The leading edge of peak A coincides with the front on the major 18:1 peak in the butyl esters of whole butterfat and also with the front of the major peak of the cis-18:1 ester group (band 2; see below). From the published tabulations of butterfat and beef fat isomeric monoethylenic fatty acids (Table 1), it can be deduced that peak A is a composite of *trans*-18:1n-9 and earlier eluting trans isomers, peak B is trans-18:1n-7 (vaccenic acid), peak C is trans-18:1n-5 and peak D is trans-18:1n-4. Hay and Morrison (1970) suggest several minor trans isomers including 18:1n-6, n-5 and n-4, in butter fat. Discussion of the above group should therefore include the shoulder between B and C which is evidently trans-18:1n-6, but it is relatively minor in proportion. The identity of peak F, probably 10% of the total trans 18:1 isomer group, can be deduced from its GLC behaviour. On polar liquid phases, trans-18:1n-2 fatty acid would have an exaggerated increase in retention time compared to other positional isomers and especially the two adjacent (n-1, n-3) positional isomers (Gunstone et al., 1967; Ackman, 1972). A trans-16-octadecenoic (18:1n-2) acid has been reported in both butter and beef fats (Table 1) and this makes the proposal that F is trans-18:1n-2 likely. However it is obvious that there is no peak for the trans-18:1n-3 of Table 1 in the position anticipated, which would be just after peak D (18:1n-4), according to Gunstone et al. (1976). To ontain a trans acid in the rumen system the bond must shift position, and 18:1n-3 is a natural bond

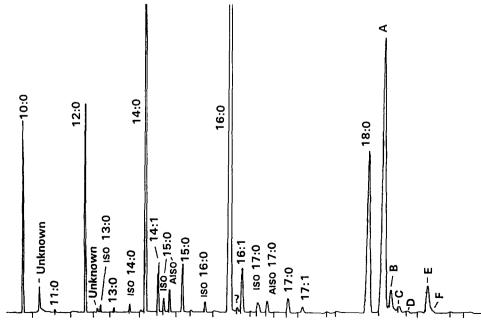


Fig. 1. Part of GLC chromatogram of butyl esters of whole butterfat fatty acids on an Omegawax open-tubular column. Peaks lettered A to F are ostensible 18:1 components, so labelled to clarify discussion after AgNO₃-TLC separation.

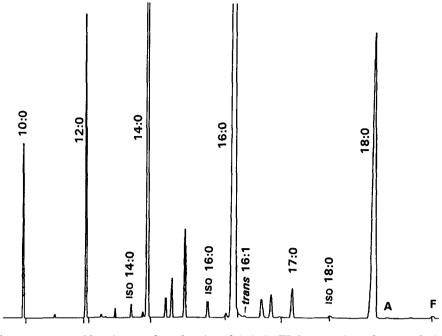


Fig. 2. Part of GLC chromatogram of butyl esters from band 4 of AgNO₃-TLC separation of esters of Fig. 1. Conditions as for Fig. 1.

position in linolenic acid. Thus the *trans*-18:1*n*-4 and 18:1*n*-2 isomers are evidently derived from the *cis*-*n*-3-bond in 18:3*n*-3 and *trans*-18:1*n*-3 would not be expected.

AgNO₃-TLC is not an exact means of fatty acid isolation (Gunstone *et al.*, 1967; Ackman *et al.*, 1981*a*; Sebedio & Ackman, 1981), since both bond position and chain length affect separations. Other AgNO₃silicic acid separations include conjugated 18:2 isomers which should appear on TLC near the *trans*-monoenes (Hay & Morrison, 1970). However such dienes would appear much later on GLC (Ackman *et al.*, 1981*a*). This band (No. 3) does not include any 14:1, but there are at least three minor *trans*-16:1 peaks. The first is marked and coincides with *cis*-16:1*n*-7 (see band 1 discussions below) and therefore is very probably *trans*- 16:1*n*-7. By analogy with the C₁₈ isomers there is a high probability that the second is *trans*-16:1*n*-5 and that the third is *trans*-16:1*n*-4. Hay and Morrison (1970) consider that the *trans*-16:1 acids are derived from *trans*-18:1 precursors by chain shortening. The low proportions of both 18:1*n*-6 and 16:1*n*-6 in Fig. 3, for example, would support this view. They report that 20% of 16:1 in their sample was *trans* in geometry and among the 16:1 isomers with bonds remote from the carboxyl group list $32\cdot8\%$ *n*-7, $1\cdot7\%$ *n*-6, $10\cdot6\%$ *n*-5, $12\cdot9\%$ *n*-4, $9\cdot7\%$ *n*-3 and $10\cdot6\%$ *n*-2.

Excluding the *trans*-16:1n-3, the proportions reported among the n-7, n-5 and n-4 isomers match the first three small peaks of Fig. 3. The *trans*-16:1n-2 is probably the obvious shoulder on the front of the anteiso-

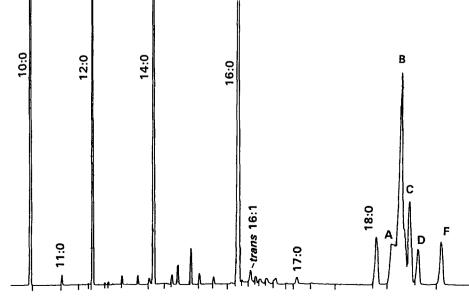


Fig. 3. Part of GLC chromatogram of butyl esters from band 3 of AgNO₃-TLC separation of esters of Fig. 1. Conditions as for Fig. 1.

| Isomer | Position of double bond | Cow ^a milk cream | Cow ^b butter (Av) | Cow adipose tissue ^b | |
|--------|-------------------------|-----------------------------------|------------------------------------|---------------------------------|--------------|
| | | | | Perirenal | Subcutaneous |
| cis | $\Delta 6 (n-12)$ | | 0.2 | 0.1 | 0.2 |
| | 7(n-11) | | 0.2 | 0.2 | 0.2 |
| | 8 (n-10) | 1.0 | 0.7 | 0.5 | 0.5 |
| | 9 (n–9) | 96 .0 | 94 ·7 | 95.3 | 94·0 |
| | 10(n-8) | 0.5 | 0.2 | 0.2 | 0.2 |
| | 11 (n-7) | 2.5 | 3.3 | 3.1 | 4.2 |
| | 12(n-6) | | 0.4 | 0.2 | 0.1 |
| | 13(n-5) | | 0.2 | 0.2 | 0.5 |
| | 14(n-4) | | 0.2 | 0.2 | 0.1 |
| trans | Δ6 (<i>n</i> -12) | 1.0 | 0.3 | 0.3 | 0.2 |
| | 7 (n-11) | 0.8 | 0.3 | 0.3 | 0.3 |
| | 7(n-11) | 0.8 | 0.3 | 0.3 | 0.3 |
| | 8 (n-10) | 3.2 | 1.5 | 1.6 | 1.5 |
| | 9 (n-9) | 10.2 | 8.8 | 8.9 | 13.6 |
| | 10(n-8) | 10.5 | 5.5 | 5.4 | 6.4 |
| | 11(n-7) | 35.7 | 60.5 | 68.5 | 64.4 |
| | 12 (n-6) | 4 ·1 | 4.1 | 2.7 | 2.4 |
| | 13 (n-5) | 10.5 | 4.4 | 2.6 | 2.3 |
| | 14(n-4) | 9.0 | 5.2 | 3.6 | 3.6 |
| | 15(n-3) | 6.8 | 3.9 | 2.6 | 2.3 |
| | 16(n-2) | 7.5 | 5.5 | 3.2 | 3.0 |

Table 1. Distribution (w/w%) of double bonds in *cis* and *trans* octadecenoic fatty acids from cow butterfats and two cow adipose tissues

^a from Hay & Morrison (1970).

^b from Parodi (1976).

17:0 peak in this figure. Dietary *trans*-3-hexadecenoic acid (16:1*n*-13), found in green plant photosynthesis lipids, also remains a possibility for one 16:1 component as it does not yet seem to have been followed through the rumen process. It is very mobile on AgNO₃-TLC and on GLC on a polar liquid phase it should elute later than most isomers with bonds positionally remote from the carboxyl group, but probably before *trans*-16:1*n*-2 (Gunstone *et al.*, 1967; Ackman, 1972). This is in fact the iso-17:0 position and, as already observed, this peak is skewed by an additional component in the whole butter butyl esters (Fig. 1). The proportion relative to 17:0 in Fig. 3 suggests that the peak is mostly *trans*-16:1*n*-13 with little or no iso-17:0.

Matter (1992), for methyl esters of fatty acids of feta cheese, used DB-wax, a liquid phase very similar to Omegawax. Two samples show a peak after 16:0 and ahead of the main 16:1 peak, but according to Traitler (1987), cis- and trans-16:1n-7 (positional isomer not specified) do not separate on this type of liquid phase. The lesser possible 16:1 component of Matter (1992) is therefore probably not a trans isomer but may be identical to the component of unknown structure marked (?) in Fig. 1. A cis $\Delta 5$ 16:1 (16:1n-9) would elute well ahead of 16:1n-7, based on GLC data for C₁₈ (Gunstone et al., 1967) and C_{20} (Wijesundera & Ackman, 1989) fatty acids. This unknown component could also be a C₁₆ chain with a simple central-located methyl-branch (17:0) fatty acid of the types described by Ackman et al. (1972a) and Duncan and Garton (1978), and thus may match a shoulder on the back of 16:0 in Fig. 2.

Apps & Willemse (1991), on the relatively non-polar 5% phenyl polydimethylsiloxane, show a well-characterized single 16:1 peak from cow milk after the iso-16:0 peak and ahead of the major 16:0 peak, with minor adjacent shoulders. Only about 5% of the total 16:1 area could be trans-16:1n-7 as on that liquid phase this component should follow cis-16:1n-7 (Traitler, 1987), but precede 16:0. Their figure shows nothing between 16:0 and iso-17:0, but a single peak closely follows 18:0. Christie (1988) lists cis-18:1n-2 as following 18:0 on a silicone liquid phase. This is confirmed by Gunstone et al., (1967) who suggest that trans-18:1n-2 would elute a little earlier (liquid phase Apiezon-L) than the cis isomer. GLC on silicones can thus provide an independent peak for the one 18:1n-2 isomer, presumably trans according to compositions given in Table 1.

The gas-liquid chromatography of the TLC-AgNO₃ band 2, nominally all of cis esters, includes (Fig. 4) single peaks for 12:1 and 14:1 acids, a single 16:1 peak, evidently cis-16:1n-7, and a large 18:1 peak, primarily cis-18:1n-9. The minor 18:1 isomers of Table 1 that have cis ethylenic bonds closer to the carboxyl group (Table 1, Jensen et al., 1991; Jensen, 1992) are therefore not resolved from this 'oleic' acid, possibly due to the decrease in resolution resulting from the greater number of total carbons in butyl esters as compared to the usual methyl esters. Cis-18:1n-8, for example, would not resolve from the major cis-18:1n-9 peak since butyl esters follow the retention time series set for methyl esters (Christie, 1988). The leading edge of this peak also coincides exactly with that of the corresponding early-eluting trans peak A of Fig. 3. The

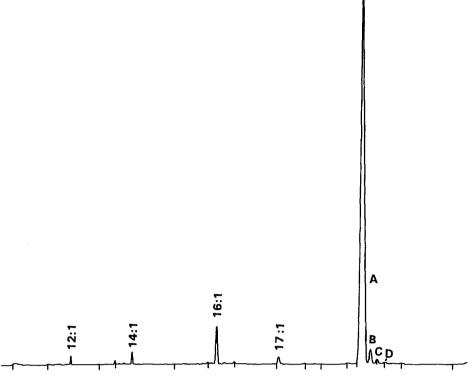


Fig. 4. Part of GLC chromatogram of butyl esters from band 2 of AgNO₃-TLC separation of esters of Fig. 1. Conditions as for Fig. 1.

peaks following cis-18:1n-9 coincide with peaks B,C and D of Figure 3 and are also in the same relative proportions among the three. They are therefore presumed to be cis-18:1n-7 (cis-vaccenic acid), cis-18:1n-5 and, as suggested by the elution times (Christie, 1988) and the bovine fatty acids of Table 1, cis-18:1n-4. No peak corresponding to peak F was observed, but in the original butterfat esters this was a trace component, in fact a shoulder on the back of peak E of Fig. 1. Peak E was represented only in band 1 (GLC not shown), the least mobile band on AgN03-TLC, and is therefore evidently cis, cis-18:2n-6 (linoleic acid). It was accompanied by several nearby but lesser peaks which were not investigated. The application of AgNO3-TLC to milk fats for separation of polyunsaturated fatty acids is generally recognized as very complex (Murawski & Egge, 1975).

Band 1 contained no 12:1 or 14:1 peaks, but included an important component in the iso-11:0 position, matching the 'unknown' marked in the original esters (Fig. 1). From the AgNO₃-TLC position this component is clearly not a saturated fatty acid of any type. As early as 1962 a peak in this region was tentatively identified by Jensen and Sampugna (1962) as a 10:1 fatty acid. The identification of this 'unknown' as a 10:1n-1 fatty acid from our work seems certain, and a 10:1 acid has also been quantitated, over the lactation period, in cow milk fat (Renner & Melcher, 1978). The AgNO₃-TLC band position indicates that the ethylenic bond is probably not either cis or trans. The shorter alkyl chain length, and specifically a terminal vinylic bond, would both reduce AgNO₃-TLC mobility (Gunstone et al., 1967), so finding such a fatty acid in band 1 is reasonable. The late elution on our GLC column (in the iso-11:0 position) suggests that the bond position is at or near the terminal methyl group (Lie Ken Jie, 1975; Gunstone *et al.*, 1967; Ackman, 1972; Christie, 1988).

Apps and Willemse (1991) have proposed the nonpolar liquid phase 5% phenylpolydimethylsiloxane for fast fingerprinting of milks. Their figure supplies some detail agreeing with the various iso and anteiso fatty acids shown in Figs 2 and 3. An appropriate peak for 10:1n-1 is shown after iso-10:0 and just ahead of 10:0, matching in quantity the first small 'unknown' component of Figure 1. This peak would also account for the 10:1 fatty acid having a vinyl ethylenic bond since the terminal bond position causes such a fatty acid to appear just before the corresponding saturated acid on a silicone liquid phase (Lie Ken Jie, 1975; Christie, 1988).

A DB-wax capillary column (essentially the same liquid phase as Omegawax) has been applied to identify adulterants in dairy products, meats, etc. (Matter, 1992). Feta cheeses show a peak in the first (cf. Fig. 1) 'unknown' position (that of iso-11:0), a single peak for 14:1 and other details similar to Fig. 1, but the analysis is for methyl esters.

Bitman and Wood (1990) list 10:1 for fatty acids of whole milk fat but not for the phospholipids. The conventional view of action by a $\Delta 9,10$ desaturase on saturated acids would give an unusual terminal 10:1 vinyl group, and these vinyl bonds can also be produced by plant desaturases (Ackman, 1964). The 12:1 (marked 'unknown' in Fig. 1) also elutes late, very near the iso-13:0 peak, suggesting a 12:1*n*-3 (*cis*-9-dodecenoate) structure. It can be seen that progressively the 12:1*n*-3, 14:1*n*-5 and 16:1*n*-7 elute earlier and earlier relative to the corresponding following iso acids, so all facts point to the presence of the *cis* monoethylenic fatty acid series 10:1n-1, 12:1n-3, 14:1n-5 and 16:1n-7. These could be produced in the animal tissues proper, as distinct from the rumen. Hay and Morrison (1970) speculate on these options at some length.

In an early application of capillary GLC, the polar liquid phase EGSS-X provided resolution of methyl elaidate (trans-18:1n-9) and methyl oleate (cis-18:1n-9), eluting in that order, and of the corresponding trans, trans- and cis.cis-9.12-octadecadienoic esters (Lavoue & Bezard, 1969). Traitler (1987) shows the reverse order of elution of 18:1 geometrical isomers on a capillary Carbowax-20M capillary column. The lack of useful resolution of methyl esters of most trans-18:1 fatty acids from the corresponding cis-18:1 isomers on capillary columns with liquid phases of moderate polarity (e.g. neopentylglycolsuccinate or butanediolsuccinate polyesters) was noted as early as 1967 (Gunstone et al., 1967) and 1972 (Ackman 1972; Ackman et al., 1972b). Accordingly, at that time the non-polar liquid phase Apiezon-L was usually preferred for separation of centrally located but geometrically different monoethylenic fatty acids (Gunstone et al., 1967; Ackman et al., 1972b). Subsequently, cyanosilicone liquid phases were introduced (Ackman & Hooper, 1974; Lanza & Slover, 1981; Enig et al., 1983; Slover et al., 1985) and these became the preferred liquid phases for most cases of fatty acid analyses where cis-trans resolutions are important (Ratnavake & Beare-Rogers, 1990; Ratnavake et al., 1990a; Ratnayake, 1992). The trans fatty acids of margarine made from partially hydrogenated vegetable oils have been extensively studied by capillary gasliquid chromatography (Enig et al., 1983; Mossoba et al., 1990; Ratnayake & Beare-Rogers, 1990; Ratnayake et al., 1990a; Ratnayake, 1992). Surprisingly little attention has been paid to similar analyses of butterfat, although trans monoethylenic acids have long been known to be 2-5% of the total fatty acids (Sommerfeld, 1983; Craig-Schmidt, 1992; Jensen 1992). Recent evidence that the trans monoethylenic fatty acids of butter are innocuous compared to those of margarines (Willett et al., 1993) should stimulate more interest in the trans fatty acids of butterfat.

On the liquid phase Carbowax-20M (chemically similar to Omegawax) methyl trans-18:1 has been shown to partly separate from methyl cis-18:1 (presumably the two are the common n-9 isomers) on a 10 m capillary column (Traitler, 1987), but this brings trans-18:1n-9 into the cis-18:1n-7 position. Thus, in the case of methyl esters of butterfat and other ruminant fats, the multiplicity of isomers of both geometries would probably negate the usefulness of such separations. This is hinted at in the feta cheese figures of Matter (1992), with considerable crowding of peaks in the 18:1-18:2 region. For trans acid estimation in animal fats sophisticated technology such as 60-m cyanosilicone capillary columns is required (Lin et al., 1984), and even with this length separation results in margarines are incomplete (Ratnayake, 1992). The fallback position of using $AgNO_3$ -TLC as an auxiliary technique was noted by Gunstone *et al.* as early as 1967.

Additional peaks shown by Matter (1992) between 18:1 and 18:2 could be from either the superior resolution of methyl esters compared to butyl esters, or to real or incipient *cis-trans* resolution of minor components. The low proportion of *trans*-18:1n-6 (Fig. 3), is in agreement with the results of Hay and Morrison (1970). The latter also indicate a low proportion of *trans*-16:1*n*-6, which appears to be correct from Fig. 3.

Rumen enzyme specificity provides isomerization of the cis- $\Delta 12,13$ (n-6) bond to a position ($\Delta 11,12$) conjugated with the *cis*- Δ 9,10 bond, this being a route to trans-18:1n-7 (Gurr & Harwood, 1991). Similarly, if 18:3n-3 (linolenic acid) were in the diet, isomerization of the cis- $\Delta 15,16$ bond to a conjugated $\Delta 14,15$ position could take place, leading eventually to the observed trans-18:1n-4. The cis- Δ 15,16 bond of 18:3n-3 is known to be very labile (Ratnayake et al., 1990b) and its rapid removal by isomerization to trans-18:1n-2 could explain both the absence of cis- and trans-18:1n-3 and the eventual formation of trans-18:1n-2 by reduction of the other two ethylenic bonds of the 18:3n-3 molecule. The trans-18:2n-2 must surely be formed from 18:3n-3 and not from 18:2n-6, and the proportion of these two acids ingested from feedstuffs, or forage may explain some differences in butter fatty acids. The effect of winter and summer grazing conditions is a well-known phenomenon (Renner & Melcher, 1978), and the effect on the consistency of South African butter is mentioned by Ackman and Hooper (1973). The suggestion of Hay and Morrison (1970) that β -oxidation of trans 18:1 acids leads to some trans 16:1 acids seems a reasonable explanation for the trans 16:1n-7, n-6 and other 16:1 isomer proportions. The 10:1-12:1-14:1 series of cis isomers with $\Delta 9.10$ bonds seem to have a unique and separate non-rumen origin, but could overlap with the chain-shortening at 16:1 since both cis n-9 and n-5 isomers are present along with the major 16:1n-7 isomer (Hay & Morrison, 1970). It should be noted that part of Table 1 is for fatty acids of bovine depot fat, not butterfat. It is possible that overoxidation (Ackman et al., 1981b) during identification of bond positions by cleavage created products matching the extra cis or trans isomers, e.g. 14:1n-9, n-8, n-7, n-6) of Hay and Morrison (1970). The oddity of our analyses is the absence of any type of 18:1n-3. This did not come to our notice in any GLC analyses of one butterfat sample.

Overall, the butyl esters of butterfat can be readily analysed in detail from 4:0 to 18:2*n*-6 in 30 min or less by open-tubular gas-liquid chromatography with a polyglycol-type liquid phase in a 30 m column. The complete coincidence of the butyl esters of common *cis*- and *trans*-18:1 fatty acids simplifies interpretation and reduces data output demands that would be created by additional peaks from *cis-trans* separations on cyanosilicone liquid phases.

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